

(Please do not write anything except the question number in this space)
कृपया इस स्थान में प्रश्न संख्या के अतिरिक्त कुछ न लिखें।

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out of Comfort zone

Put in troubles

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उम्मीदवारों को इस दृष्टिकोण में नहीं लिखना चाहिए
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Carpathian
of prashant
and give you new ones!

WHEN LIFE TAKES THE WIND OUT OF YOUR SAIL, IT IS TO TEST YOU AT THE OARS

you r founder
stop it

Arunima Sinha, a national level volleyball player with aspirations to join the paramilitary forces, met with a terrible tragedy in 2011. She was thrown off a moving train while resisting a robbery, resulting in the loss of her left leg. But instead of letting her disability define her, she underwent rigorous training and accomplished the unthinkable. In 2013, she became the first female amputee to climb Mount Everest, displaying unparalleled resilience amid daunting challenges.

Her journey resonates with the given quotation, for her accident indeed robbed the wind out of her sail, leaving her in the doldrums. But instead of staying stuck, she rowed hard with the oars and sailed beyond the horizon.

Let us now explore ^{this essay} ~~various~~ ^{needs between} ~~sectors~~ ^{connection} in light of various sectors, starting from the sports sector. here

For a sports person, physical fitness is of paramount importance. To sail confidently ahead in their athletic journey, they need to have a healthy body and unlimited stamina. But what happens when life takes the wind out of their sail by taking away what matters most?

Murlikant Petkar, a personality brought into mainstream discussion through the film "Chandu Champion" was hit with nine bullets in the 1965 Indo-Pak war. He lost all sensation in his legs, and his dream of winning gold at the Asian games was shattered.

However, with the support of his coach Pandurang Patil, he regained the strength to work the oars of his lifeboat again. He learned to swim using only his hands, trained resolutely and became



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India's first ever ~~paralympics~~ Gold medalist ~~in Paralympics & Commonwealth Games~~

Similarly ~~also~~ for a scientist engaged in years of research, the documentation of their valuable findings becomes their lifeblood. It ~~is~~ perhaps a painful experience to lose even one leaf of it. Imagine what transpires if this treasure is lost or destroyed somehow.

This is crucial

The famed classical mechanical physicist Newton faced such a peculiarly heart breaking situation. One evening, when he went outside with his invaluable writings piled on the table, his pet dog Diamond accidentally overturned the candle nearby and set fire to the papers.

When Newton came back, it was as if the night breeze stopped blowing, leaving behind a deathly stillness. His reaction could have been one of rage, hysteria.

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or nervous breakdown. But he only patted Diamond with a sorrowful tenderness, lamenting: "You do not know what you have done, my dear." And he went back to preparing his documentation from scratch, spending several months in admirable perseverance.

In a different dimension, political personalities too have faced their share of adversities. Think of a person whose biggest goal is to communicate an idea to the masses in order to unite and mobilize them towards a collective purpose. And now imagine him/her cut off from society itself, unable to speak to a single other individual.

This ordeal was experienced by innumerable Indian freedom fighters who tried to educate the common public about the brutality of the British reign. And how

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They dealt with it is a lesson indeed to every individual going through a hardship. It is a reminder to keep rowing even when the wind in the sail is taken away.

During his several years in prison, Gandhi Ji wrote books such as "Songs from Prison". Jawaharlal Nehru penned "The Discovery of India" and "Letters from a Father to a Daughter", teaching his child Indira how one can immerse oneself in the light of learning even when the surroundings are pitch dark.

Moving on, the business sector too has stories one can learn from. When an organization goes through a financial hardship, it can row into murky waters by compromising its principles for short term gains. Or it can take the more difficult path

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of staying ethical even if it costs
dearly.

The Tata Group witnessed
declining growth in the 1990s.

The winds of profit that keeps
a firm sailing was indeed taken
out. However, it did not resort
to unscrupulous shortcuts like

predatory pricing, tax evasion or
financial fraud.

Instead, the company took
calculated risks like the acquisition

of Jaguar Land Rover, while
staying strong in its commitment
to corporate ethics. Its decision

to stay in the clean water
despite temptations has earned
it long term respect and
credibility.

Shifting from the corporate
to the creative, we can again
witness how talented minds in

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the most challenging situations
channelled their pain into poetry.

In fact, the most emotionally
impactful works have been
produced by writers at their
lowest moments. As Shelley says,

"Our sweetest songs are those
that tell of saddest thought."

The Romantic poet Keats
was diagnosed with tuberculosis
at the tender age of twenty-one
at a time when it was
hardly treatable. Needless to say,
the wind of his youth was
sucked out of his sail.

But he rose above his
physical anguish and worked
the oars to come up with
some of his most acclaimed
verses: Bright Star, Ode to
Autumn, Ode on a Grecian Urn
and so on. In his 'Ode to a
Nightingale', he poignantly writes:

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"Now more than ever,
seems it rich to die.
To cease upon the midnight
with no pain..."

Literature is often called
the mirror of society, and aptly
so. The endurance and resilience
exhibited by literary figures is
also reflected in social change
agents who rowed against the
social currents with great courage,
with hardly any wind to
push them through.

Raja Ram Mohan Roy's
quest to abolish sati was
met with sharp counter reactions
from the orthodox sections. His
own mother turned against him
and he was left all alone.
Yet he continued advocating for
what he believed in, and
accomplished it as well.

Savitribai Phule, who opened
the first girls' school in Pune,

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was in fact the victim of mudslinging by onlookers who opposed her mission. But instead of letting the storm stop her, she herself blew as the wind of change and transformed the lives of many downtrodden women.

Having looked at these arguments, it is also natural to wonder whether one can indeed keep rowing against the lack of wind in all conditions. Is fortitude and self-belief enough?

Sometimes the stagnant water enters the boat and the rower ends up drowning. This is seen in case of students who are unable to cope up with mounting academic pressure, as in case of the 17 Kota suicides of 2024.

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The lack of a support system can indeed make it difficult to continue sailing. There can be disillusionment and despair, and one can choose a different path altogether. Bri Aurobindo himself was so deeply affected by the Alipore conspiracy case trials that he left the revolutionary life and took up spiritual pursuits instead.

Thus, to make sure one can keep working the oars when life takes the wind away, the oars themselves must be strong. Sometimes an extra pair of hands can be helpful as well.

~~This~~ is why it is important for parents to give solace to their children instead of ceaselessly burdening them with expectations.

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Mental health should be taken seriously, and the stigma surrounding it should be dispelled. This will ensure that one reaches out for help when they need it, and can steer their lifeboat back on the right track.

In the end, it is important to remember that nothing is more important in life than life itself. It is beautiful even when it is painful, and it is worth it to keep going.

As the popular nursery rhyme goes:

"Row, row, row your boat,
 Merrily down the stream;
 Merrily, merrily, merrily, merrily...
 Life is but a dream."

Arunima Sinha kept rowing even when her original dream

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was shattered, and instead dreamt
 a new dream. There is no
 point being afraid of life
 testing at the oars.
 after all, the thrill comes
 from overcoming obstacles, and
 not in bypassing them!

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 61
 125

(x) Intro good / Conc ⁿ good
 (x) (2) Language is good
 Smooth & easy
 Comprehend

(v) Inductive learning
 Do deductive
 search!

(-5)
 marks
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